

TE HUNGA HAUĀ MAURI MŌ NGĀ TĀNGATA KĀTOA

Summary:

The state of wellbeing and equality for disabled people, their families and whānau





About this booklet



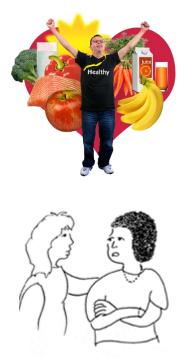
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This booklet is a summary of a report called:

The state of wellbeing and equality for disabled people, their families and whānau.

The word **state** means to look at **how things are**.



Wellbeing means things like:

- how we feel about ourselves
- looking after our bodies with good food and exercise
- getting support when we are feeling sad or worried.





Equality means everyone:

- is treated fairly
- gets the same chances

The report looks at how things are going for disabled people and their families.



We did this report to see if disabled people are being treated fairly.



You can find the **full report** on the CCS Disability Action **website** here:

www.ccsdisabilityaction.org.nz/assets/resource-files/The-State-of-wellbeing-and-equality-FINAL-ONLINE.pdf



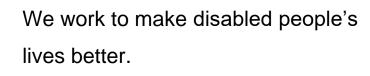
In this booklet we have called the full report the **Wellbeing Report**.

About CCS Disability Action



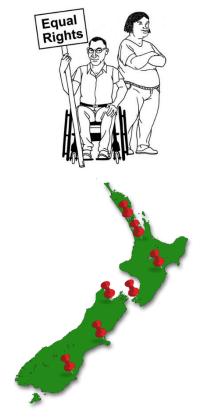
CCS Disability Action assists:

- disabled people
- family / whānau of disabled people.



CCS Disability Action has offices all over New Zealand.

We support about 5 thousand disabled people and their families.





We support people of all:

• ages

• cultures.

About the Wellbeing Report



CCS Disability Action got information from the government to find out how things are going for disabled people.

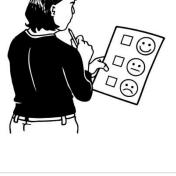


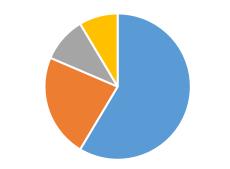
We used information from **Statistics New Zealand's**:

- 2013 Disability Survey
- 2018 General Social Survey.

Statistics New Zealand is a Government service that collects information about New Zealanders.

The information that is collected is called **data**.







A survey:

- is a document that has lots of questions
- uses the answers people give to tell us what most people think about something.

MINISTRY OF EDUCATION TE TĂHUHU O TE MĂTAURANGA We also used information from the Ministry of Education's **Ongoing Resourcing Scheme**.





The **Ongoing Resourcing Scheme** gives support to disabled children in schools who have high support needs.

This booklet tells you about the main things we found out from the data that we looked at.

Money and housing



The Wellbeing Report found that many disabled people do not have enough money.



Most disabled people under the age of 65 years have less money than older disabled people.



Many disabled people under 65 years old also have trouble with things like:



- paying rent or a mortgage for a house they own
- paying for power.

How disabled people feel



The Wellbeing Report found that many disabled people feel like they cannot be themselves.



They feel that people want them to act or behave a certain way.



A lot of disabled people under 65 years old said they feel this way.





Many disabled people under 65 years old think that people do not treat them very well because they are disabled.

This can make disabled people and their families feel unhappy about life.



The Wellbeing Report found that disabled people over 65 years old seem to be better off.





This may be because disabled people over 65 years of age:

- became disabled later in their life
- have lived most of their life without a disability
- may have more money by the time they become disabled.



Many disabled people under 65 years old may be happier if they had more:

- money
- resources.







Resources are things like:

- having your own home
- savings or money in the bank
- equipment that makes life easier
- family and friends who are able to give support.

How disabled children feel





The Wellbeing Report found that many disabled children and families do not have enough:

- money
- resources.



Disabled children are more likely to go to schools in poorer areas.



Disabled children come from many cultures.









The Wellbeing Report found that there are now more disabled children who are:

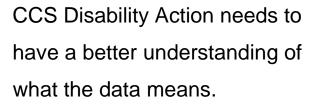
- Māori
- Pacific people
- Asian people.

What this means is that:

- disabled children and their families need more support
- people who support disabled people need to work better with:
 - o **Māori**
 - Pacific people
 - $\circ~$ Asian people.

Next steps





We can do this by getting people to:

- read the data
- tell us what it means for them.

We need to find ways to get data out to people so they know about:

- what services disabled people need
- what money and support disabled people need
- how disabled people and their families feel.





How to contact CCS Disability Action



Phone: 0800 227 200



It does not cost any money to phone this number.



Email:

info@ccsDisabilityAction.org.nz



This information has been translated into Easy Read by the Make It Easy service of People First New Zealand Inc. Ngā Tāngata Tuatahi.



The ideas in this document are not the ideas of People First New Zealand Ngā Tāngata Tuatahi.



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